

BEE-HIVE · GIRLS ·



· 1915 ·
Y·L·M·I·A·

Christina A. Busley

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HAND BOOK
FOR THE
BEE-HIVE GIRLS
OF THE
Y. L. M. I. A.



FIRST EDITION
1915

PUBLISHED BY
**THE GENERAL BOARD OF
THE YOUNG LADIES' MUTUAL
IMPROVEMENT ASSOCIATION**

**BISHOP'S BUILDING,
SALT LAKE CITY, UTAH**

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*By Martha H. Tingey, for the
Young Ladies' Mutual Improvement Association*

Christina G. Bessley.



DOWN BY THE BROOK.

The Bee-Hive Girls.



EVER since the organization of the Young Ladies' Mutual Improvement Association, something over forty years ago, the officers have been endeavoring to place before the members those things which are most essential to the building of a perfect womanhood. We have a splendid organization and its influence has been powerful in the lives of thousands of girls who have filled its ranks, powerful in helping them to be better daughters, better sisters, better wives and better mothers. For several years past the idea has been growing that we need to make our work concrete, to give our members an opportunity to work with their hands, to show results from the training they receive. Some months ago, with this purpose in view the General Board appointed a committee to study the subject and to submit plans. The plans have been submitted and approved. They are necessarily crude but we feel that with the blessing of our Heavenly Father, whose aid we invoke, this work may become not only a joy to our girls but a great force in the development of their womanhood.

The Committee wishes to acknowledge its indebtedness to the Girl Guide Movement, The Boy Scouts, and the Camp Fire Girls; and to Maurice Maeterlinck whose poetic version of the "Life of the Bee" has been a constant source of inspiration and joy.

I.

The General Plan.

THE NAME is to be the "Bee-Hive Girls."

THE PURPOSE is to perfect our womanhood,—to hold the faith of our fathers and to develop it in our individual womanhood, drawing from all good sources to do so.

THE ORGANIZATION is to be presided over by our regular Y. L. M. I. A. officers. Each Ward should organize one or more swarms, according to the number of its members. A swarm consists of from eight to twelve; it may be

larger if necessity requires, but the officer in charge can keep in touch with her girls better if the swarm is small. The swarm is to be in charge of a Bee-Keeper and an Assistant Bee-Keeper; it is to have a name and a symbol.

MEMBERSHIP is open to all Y. L. M. I. A. members and to any others who desire to join and are willing to comply with the requirements.

RANKS. When a girl first joins she is called simply a "Bee-Hive Girl". When she earns a certain number of awards, or, in other words, fills a certain number of cells she is promoted to the rank of "Builder in the Hive"; a certain number more, to that of "Gatherer of the Honey"; still certain others, to that of "Keeper of the Bees". Generally one rank will be attained each year, but there is no time limit set; if a girl fills her cells rapidly, she may advance rapidly. From the third rank in the future Bee-Keepers will likely be chosen; but a girl may have this rank without being chosen to become a Bee-Keeper.

MEETINGS. Once each month, during the summer, it is designed to have a gathering of all the ward swarms, presided over by the ward president of the Y. L. M. I. A. Some officers may choose to distribute the seals at this meeting, but the General Board leaves this matter in the hands of the stake and local officers. The swarms should meet separately once a week except in the week when the regular monthly swarm gathering is held. The programs should vary, according to the need of the girls; they may have out-door games, a cooking class, a sewing circle, a meeting to learn stenciling or clay-modeling; take a long tramp, studying flowers, trees, birds, rocks; present an out-door play, have a breakfast party, an evening to study the stars. Suggestions as to programs will be printed from time to time in the "Journal".

The **ACTIVITY** of a hive is from May to September, but the swarms keep alive during the entire year. Opportunity should be given the girls to receive their awards once each month, as a large portion of the work can be carried along during the regular M. I. A. season, and in some cases, it takes one year to earn the award, for instance in attendance at Mutual, Sunday School, etc.

AWARDS. As a hive is made up of cells filled with different kinds of honey, pollen, eggs, larvae, so are our bodies made up of cells filled with the different elements taken into them, so is womanhood built and perfected by the different things we gather through our experiences in various fields. The Bee-Hive Girl will fill two kinds of cells: Foundation

cells, those required to be filled by each member before she can advance to a higher rank; Structural cells, those which she will select and fill from seven fields. Of the Structural cells there are also two kinds—new and continuous. A cell is “new” the first time it is filled. It is “continuous” (marked *c*) when it may be re-filled again and again, as in the case of Nos. 19 and 146. It is also continuous, like Nos. 102 and 108, when it may be repeated but must be done in a different way (marked “*c. d.*”) The seven fields are Religion, Home, Health, Domestic Arts, Out of Doors, Business, Public Service. An award is made for each cell filled. The girls receive awards from the time the swarm is organized; the Executive officers of the Y. L. M. I. A. and the Bee-Keepers may have credit for past attainment. It is desirable for the Bee-Keepers, and other officers, to take an active part and to fill the cells for themselves, as it will tend to unite them with their girls.

THE DRESS. For the present it is optional whether or not the girls have a special dress. For those who desire it, it is to be a rather short skirt, (or bloomers for a hike), with middy-blouse and neck tie. Brown skirt, khaki-colored middy, and light blue tie might be chosen; or it may be varied to suit the desire of the swarm, except that we must keep to the colors of the organization—brown, light blue and gold.

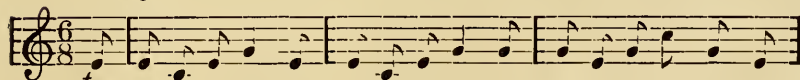
The **WATCHWORD** is Womanho (pronounced with a long *o*; the *a* as in father; and an accent on the second syllable). “*Wo*” stands for work; “*man*” for mankind; “*ho*” for home; and the three taken together spell “Womanhood” except for the last two letters which are dropped.

SONGS. Some have been specially written for us; they will be found in this book, and the April and May numbers of the “*Journal*”.

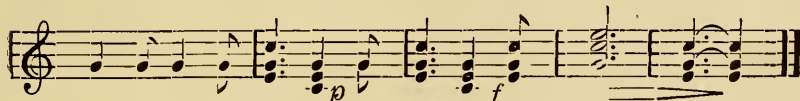
The Womanho Call.

Music by TRACY Y. CANNON.

Lively.



Womanho for Work! Womanho for Home! Womanho for service to



all Mankind, Womanho, Wo - man-ho, Wo - man - ho.

The Call of Womanhood.

Music by TRACY Y. CANNON.

Slowly and with deep feeling.

mp

Faith in Woman-

mp

Ped. Ped. Ped. Ped. Ped. Ped.

** ten. cres.*

hood! Joy in Wo-man - hood!

*Ped. * Ped. Ped. Ped.*

f

dim.

rit.

Splen - dor in Wom-an-hood, Strong and se-

*Ped. Ped. * Ped. Ped. Ped. Ped. Ped.*

* NOTE—Here, and at the corresponding place in the second verse, a swell on the note D, is effective, taking only a quick breath before the next word.

rene. Du - ty in Mother-
a tempo.

Ped. Ped. Ped. Ped.

cres. ten.

hood! Beauty in Moth - er - hood!

cres.

Ped. * Ped. Ped. Ped.

Glor - y in Motherhood, Wom - an as

f dim. rit.

Ped. Ped. * Ped. Ped. Ped. Ped. Ped.

queen.

dim. e rall. pp

Ped. Ped. Ped. Ped. Ped. Ped. *

II.

Membership and Rank.

In order to become a Bee-Hive Girl the applicant must:

1st, Know the purpose of the organization.

2nd, Have read the hand-book.

3rd, Express her desire to become a member, and to abide by the Spirit of the Hive, which she must repeat from memory.

Spirit of the Hive.

Have Faith

Seek Knowledge

Safeguard Health

Honor Womanhood

Understand Beauty

Know Work

Love Truth

Taste the sweetness of Service

Feel Joy

Having become a Bee-Hive Girl, she begins to direct her efforts toward filling those cells which will entitle her to advancement.

To become a

BUILDER IN THE HIVE

a girl must fill the following

Foundation Cells.

1. Have been a Mutual Improvement or Bee-Hive Girl at least two months.

2. Select a name and a symbol.

3. Take an average of at least one-half hour's daily exercise out of doors for two months.

4. Sleep out of doors or with wide open windows for two months.

5. Know the vertical line test for correct posture of body. (See "Young Woman's Journal", May, 1915).

6. Set a table tastefully, having dishes clean and properly arranged, with clean linen and some simple seasonable decoration.

7. Mend at least one piece of her own clothing each week for two months, not delaying it until ready to wear the article.

8. Pay her dime fund for the current year.

9. Every day for one month do at least one good turn, quietly and without boasting. It may be done at home, to a member of the family, as well as elsewhere.

Structural Cells.

Fill in addition, eighteen new structural cells and eighteen continuous ones. At least two cells must be filled in each field and not more than ten in any one. In case of a shortage of continuous cells new ones may be substituted. And she must memorize and repeat

The Builder's Purpose.

As bees bring to their building
Obedient and purposeful service,
So, into the Hive of Life,
I enter to do my part.
Faith I have from my fathers,
Faith to move me to action.
Health I hold in my keeping,
Health to guard and to cherish,
That Life may come to my children
Pure and in limitless power.

Having fulfilled the above requirements, and repeated the "Builder's Purpose" the girl may have conferred upon her the rank of "Builder in the Hive". The color for this rank is brown and the one who has attained it is entitled to wear the following emblem on her sleeve.



To become a

GATHERER OF THE HONEY

a girl must fill the following

Foundation Cells.

1. With assistance of one other person prepare and serve at least two family meals, setting the table tastefully with

brightly polished dishes, clean linen, and some simple, seasonable decoration.

2. For at least one month, refrain between meals from candy, chewing gum, sundaes, sodas, and commercially manufactured beverages.

3. During two months take an average of at least one-half hour daily out-door exercise.

4. Sleep out of doors or with wide open windows for two months.

5. Know about the proper use of hot and cold baths, care of the hands, teeth, cleanliness of the hair and its appropriate dressing.. (See "Young Woman's Journal" for Jan., 1915).

6. Mend at least two pieces of clothing each week for two months, and do it in time to save the proverbial nine stitches.

7. Pay her dime fund for the current year.

8. Study the revelation containing the Word of Wisdom (Sec. 89, Doc. & Cov.) Explain its meaning (See "Young Woman's Journal," Vol. 15, page 41, or "Joseph Smith as Scientist," Chap. 13). Obey it for at least two months.

9. Read one book of the M. I. A. Reading Course.

10. Know and sing all the words of her National Anthem.

Structural Cells.

Fill in addition eighteen new structural cells and eighteen continuous ones chosen as mentioned above.

She must also memorize and repeat

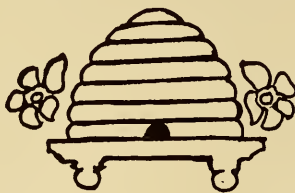
The Honey Gatherer's Song.

Out in the dew sparkling dawn I dart
Straight to the fragrant flower heart.
Skies are blue and days are fair
Honey lies hidden everywhere.
Joy to gather my share!

Youth is fair as the dewy morn.
Sing the gladness of having been born
When the sun of knowledge is shining clear,
Where nature's beauty is calling near.
Joy to see and to hear!

Knowledge is sun of youth's bright day.
Gather and store its golden ray
To light the mind, whose hidden fire
Burns in growth of the soul's desire.
Joy to kindle this fire!

A girl having fulfilled all the requirements and repeated the words of the "Honey Gatherer's Song", may have the rank of "Gatherer of the Honey" conferred upon her. She is then entitled to add the blue flower to the emblem she already wears; the blue violet is chosen because it means "faithfulness," and the color (light blue) is chosen for the rank because it is the favorite color of the bees.



To become a

KEEPER OF THE BEES

a girl must fill the following

Foundation Cells.

1. Keep her own clothing in repair for at least two months, doing the mending on time and not leaving it until ready to wear it.
2. Prepare and serve two family meals without assistance, and on time, doing the necessary purchasing, setting the table tastefully, having the dishes clean.
3. Outline two programs for enjoyable family home nights.
4. Keep a written account of all money received and spent during one month, classifying it under heads of food, clothing, amusements, tithing, reserve fund, etc.
5. Read Maeterlinck's "Life of the Bee".
6. Commit to memory poem of not less than twenty-five lines.

Structural Cells.

Fill in addition eighteen new structural cells and eighteen continuous cells, chosen as mentioned in Chapter one.

She must also memorize and repeat

The Bee Keeper's Service.

I love the Bees. I recognize the power of that unseen Spirit of the Hive to which each bee responds. To work in harmony with that spirit,—loving girlhood, honoring womanhood, guarding motherhood, working in joy today, and with faith turning my eyes ever toward the future—herein lies my bee-keeper's service and its recompense.

Having now won a sufficient number of awards, the highest rank—that of the "Keeper of the Bees" is conferred upon the candidate, and she is entitled to add the queen bee to her emblem. The color of this rank is gold.



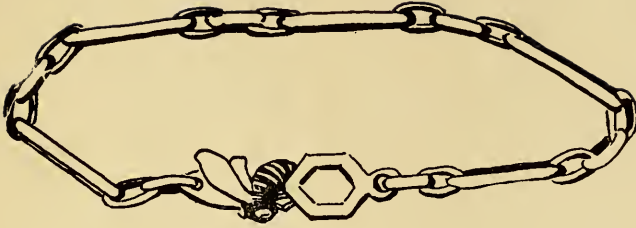
WATCH THE OFFICERS NOTES in the "Journal" every month for additional suggestions and announcements.

III.

Awards.

As soon as a girl fills a cell the Bee-Keeper awards her a seal, indicating the field in which she earned it. The colors of the various fields are: purple, for Religion; orange, for Home; red, for Health; brown, for Domestic Arts; green, for Out of Doors; gold, for Business; red, white and blue, for Public Service; and light blue for the Foundation Cells. A special seal marked C is provided for the continuous cells.

Immediately upon receiving the seal, the girl should open her handbook, of which every girl must have a copy, turn

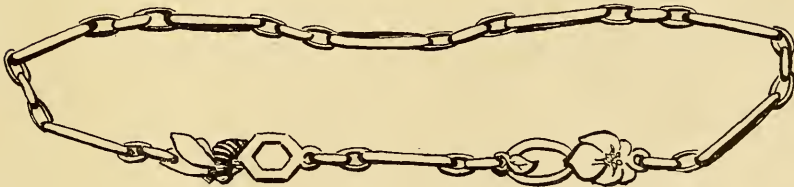


Bracelet.

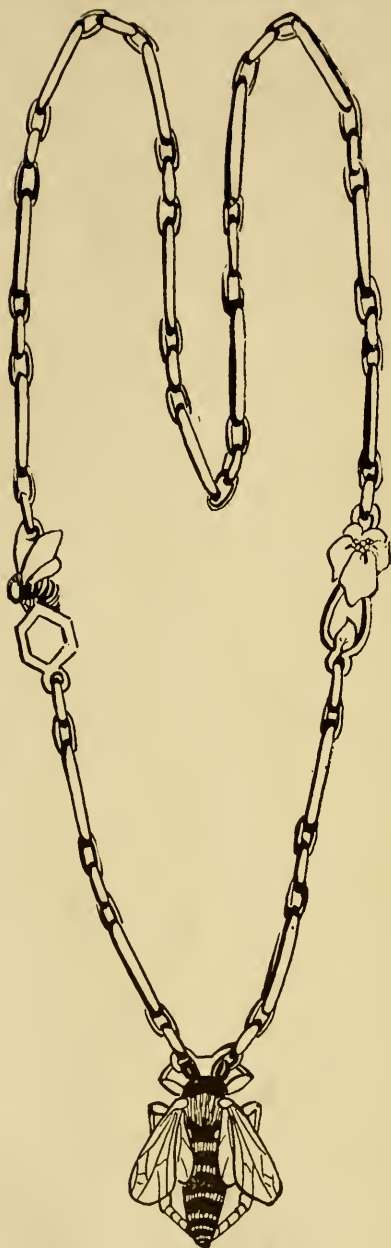
to the individual record page of the field in which she earned it, and fasten the seal on that page. She should then write opposite the seal the number of the cell which she filled, and a brief statement that will serve to remind her of what it was. The handbook should be preserved in good condition and become one of the most valued books in the girl's library.

These seals, taken in connection with the emblem described in Chapter II, make a system of awards, complete in itself. However, we have designed something else which each girl is permitted to buy and wear, as she attains the different ranks, providing she, herself, earns the money to buy it. It can be purchased only through the General Board, and on the written certification of the Bee-Keeper, who must certify that the girl has won the rank and has earned the money for the purchase.

In selecting this larger award, we were guided by our desire to provide something of permanent value to the girl; to



Collar.



have it the best thing of its kind, and yet something that is not too expensive. We finally decided upon a silver chain, the links of which represent the awards,—one small link for each new structural cell and one large link for three continuous cells. This will make eighteen small links and six large links for each rank. Upon attaining the first rank the girl may purchase the first section of the chain, including a motif representing a bee at work on a cell—a Builder in the Hive; this section to be worn as a bracelet. When she wins the second rank, she may purchase another section, with the violet as a motif; the two sections to be joined and worn as a collar. The third rank sees the completion of the chain with the queen bee as a pendant, the whole to be worn as a necklace.

The cost of the chain cannot be stated positively at present, but will be announced later in the "Journal". To any girl who can weld her own links the chain will come much cheaper; she will also be allowed an award in the Domestic Art field for the welding.

GENERAL BOARD AWARDS. In addition to the regular awards the General Board will make awards for photographs, songs, plays, stories, etc., that may be of value to them in the general work. In taking photographs, those showing the girls actually at work or in action are the most desirable.

IV.

Bee-Keepers and Their Duties.

The success of the Bee-Hive will depend, largely, upon the Bee-Keepers; accordingly it will be necessary to select them wisely. Generally it will be well to choose people who have not been bearing the brunt of the regular Mutual Improvement work. Sometimes it will be a mother, even though she may not have been a regular M. I. member; sometimes a girl; sometimes an older woman; but always she should be in sympathy with girls, and capable of leading them to love the right kind of things.

The Bee-Keeper is not expected to know everything herself, but she should be glad to learn with her girls and capable of enlisting the help of others to teach them. Having looked over the people of her neighborhood and decided upon those who can teach the various things the swarm wants to learn, she should talk with those individuals, awaken their interest, secure their services and co-operate with them in arranging what is needed to enable them to demonstrate their work. She may need the instruction of a scout-master, a doctor, a nurse, an artist, a musician, a housekeeper, or a cook; or she may need them all at various times; but let her remember that it is intended for the girls to do things at the meetings rather than to be talked to. Her success will depend largely upon her ability to find out what the girls want to do, and her power to guide them in the doing of it, leading them gradually from less desirable things to those which are most truly beautiful and worthy.

The Bee-Keeper should help her girls to select a name and a symbol for the swarm and an individual name and symbol for each girl. Flower names will be appropriate as it is from the flowers the honey is gathered; but names may be made up from the qualities the girls desire to possess, for instance: one girl is desirous of having strength which will help her to be full of gladness—she might choose "Strengla".

The Bee-Keeper should read the Handbook carefully, studying the cells which are to be filled; she should make a list of the cells each girl elects to fill, and then opposite each number should write the date on which the award is made. In this way she will have the individual record of her girls which must correspond with the record each girl keeps. All awards must pass through her hands, or, if they are made by the ward president at the monthly gathering, must be given on her certification.

FOUNDATION CELLS

IN THE HIVE "THERE IS ONE MASTERPIECE, THE HEXAGONAL CELL, THAT TOUCHES ABSOLUTE PERFECTION, A PERFECTION + THAT ALL THE GENIUSES IN THE WORLD, WERE THEY TO MEET IN CONCLAVE, COULD IN NO WAY ENHANCE." + + + + +

LIFE OF THE BEE.

No. 1

No. 2

No. 3

No. 4

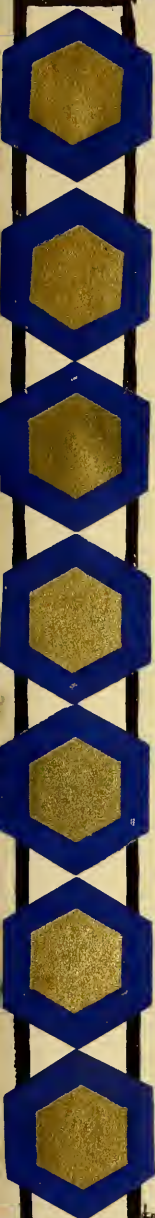
No. 5

No. 6

No. 8

No. 9.

No. 7



RELIGION

LIFT UP YOUR HEARTS AND BE GLAD, FOR I AM IN YOUR MIDST, AND AM YOUR ADVOCATE WITH THE FATHER; AND IT IS HIS GOOD WILL TO GIVE YOU THE KINGDOM
— DOCTRINE & COVENANTS





THE LITTLE SMILING COTTAGE WHERE AT EVE
HE MEETS HIS ROSY CHILDREN AT THE DOOR,
PRATTLING THEIR WELCOMES, AND HIS HONEST WIFE,
WITH GOOD BROWN CAKE AND BACON SLICE, INTENT
TO CHEER HIS HUNGER AFTER LABOR HARD.

-I- DYER



135



160



187





HEALTH

BETTER TO HUNT IN FIELDS FOR HEALTH UNBOUGHT
THAN FEE THE DOCTOR FOR A NAUSEOUS DROUGHT
THE WISE FOR CURE ON EXERCISE DEPEND;
GOD NEVER MADE HIS WORK FOR MAN TO MEND.
DRYDEN



305



305R

309

327



DOMESTIC ART
SHE SEEKETH WOOL AND FLAX
AND WORKETH WILLINGLY WITH HER HANDS.
—PROVERBS.



401



416



418



4182



423

5





OUT-OF-DOORS



NATURE NEVER DID BETRAY THE HEART THAT LOVED HER; 'TIS HER
PRIVILEGE THROUGH ALL THE YEARS OF THIS OUR LIFE, TO LEAD
FROM JOY TO JOY WORDSWORTH



BUSINESS

THE SPIRIT OF THE HIVE IS PRUDENT
AND THRIFTY BUT BY NO MEANS
PARSIMONIOUS — MAETERLINCK





PUBLIC SERVICE

+++ DESIRE TO LIVE AS LONG AS THE WORLD
ITSELF IN THOSE THAT COME AFTER—MAETERLINCK



711



714



715



720



750

Y
CANNON



Structural Cells.

FIELD OF RELIGION.

(Purple Seal.)

The god of the bees is the future. When we, in our study of human history, endeavor to gauge the moral force or greatness of a people or race, we have but one standard of measurement—the dignity and permanence of their ideal, and the abnegation wherewith they pursue it.—Life of the Bee, by Maurice Maeterlinck.

1. Be able to repeat the Ten Commandments, the Beatitudes, and the Articles of Faith.
- ✓ 2. Know and be able to show in what fundamental principles the faith of the Latter-day Saints differs from that of other Christian denominations.
3. Give brief account of the work of the Apostles Peter and Paul, making special note of their prophecies regarding the Apostasy.
4. Give brief account of the work of Martin Luther, John Knox, and John Calvin.
- ✓ 5. Give brief account of the Restoration of the Gospel through the Prophet Joseph Smith.
6. Name and give brief sketch of the lives of each of the Presidents of the Church of Jesus Christ of Latter-day Saints.
- ✓ 7. Name the present General Authorities of the Church of Jesus Christ of Latter-day Saints—First Presidency, Quorum of Twelve, Seven Presidents of Seventy, Presiding Bishopric, Patriarch.
8. Give brief account of the life and labors of Elmina S. Taylor and Martha H. Tingey, presidents of the Y. L. M. I. A.
9. Give brief account of the life and labors of four other local women who have done much good in Church service. c. d.
10. Commit to memory Sec. 59, Doc. and Cov.; give proper observance to the Sabbath day for three months. c.
- ✓ 11. Attend sacrament meeting at least eight times in three months. c.
12. Belong to Sunday School for one year, and miss no more than six sessions. c.
- ✓ 13. Belong to the Y. L. M. I. A. for one year and miss no more than six meetings.
- ✓ ✓ 14. Prepare every lesson in the Y. L. M. I. A. Senior Course for one year. c.
15. Prepare every lesson in the Y. L. M. I. A. Junior Course for one year. c.
16. Write an essay on the organization of the Y. L. M. I. A.
- ✓ ✓ 17. Observe the law of tithing for one year, paying it monthly or at the time your pay is received. c.
18. Memorize verses 5-21 of Sec. 89, Doctrine and Covenants; explain meaning; observe the Word of Wisdom for two months. A "continuous" seal may be awarded for each six months thereafter.
- ✓ ✓ 19. Teach a class of not less than ten for three months in connection with a ward organization. c.
20. For three months respond to all calls made upon you in the ward organizations to which you belong. c.
21. Write out prayers suitable for three different occasions; for in-

- stance, opening or closing a meeting, family prayer, for a group on a camping trip, a blessing on the food; during three months offer prayer whenever called upon.
22. Each day for one month, commit to memory a quotation from either Bible, Book of Mormon, or Doctrine and Covenants. c. d.
 23. Memorize five hymns from L. D. S. Hymn Book, selecting those which you like best. c. d.
 24. Read ten books of the Old Testament. c. d.
 25. Read the New Testament.
 26. Read the Book of Mormon (two awards). [This does not mean the "Story of the Book of Mormon."]
 27. Read the Doctrine and Covenants.
 28. Read the Pearl of Great Price.
 29. Have a talk with some pioneer of 1847, of a hand-cart company, of the Mormon Battalion, of your town or state; write down facts obtained and read at Bee-Hive meeting. c. d.
 30. Attend practice and sing weekly at religious services, in choir, chorus, quartette, or other musical organization, for not less than three months. c.
 31. Play the piano or organ for at least one Sabbath service each week for three months. c.
 32. Every day during one month repeat mentally the first and second great commandments (Mark 12:30, 31).

FIELD OF HOME.

(Orange Colored Seal.)

The queen * * * we shall most fitly describe by declaring her to be the captive heart of the city, and the centre around which its intelligence revolves.—Life of the Bee.

Cooking.

101. Make two kinds of bread and two of cake. c. d.
102. Cook meat in four ways. c. d.
103. Cook left-over meat in four different ways. c. d.
104. Cook each of three common vegetables in three ways. c. d.
105. Prepare two kinds of soup with meat and two with milk. c. d.
106. Prepare four salads, making at least two different dressings. c. d.
107. Cook eggs in five ways. c. d.
108. Make bread and combine into five kinds of sandwiches. c. d.
109. Make four desserts—jellied, boiled, baked, frozen. c. d.
110. Prepare a gruel, a cereal, an egg, and milk or water toast as for an invalid (this may be done at different times); arrange tray attractively.
111. Gather two quarts of wild berries or fruits and make into jam or dessert. c. d.
112. Can or preserve three different kinds of fruit, at least two quarts of each. c. d.
113. Can three kinds of vegetables, at least two quarts of each. c. d.
114. Use fireless cooker successfully on meats, vegetables, cereals. c. d.
115. Use chafing dish successfully, preparing four appetizing dishes. c. d.
116. Write an appetizing, balanced vegetarian diet for one week.
117. Write a menu for two weeks for a girl in her teens, inclined to be too stout.
118. Write a menu for two weeks for a girl in her teens, inclined to be too thin.
119. Give examples of five expensive and five inexpensive nourishing foods, suitable for a person who does office work; for one who

- does manual labor; give also five kinds of vegetables of value to all people.
120. Give examples of five foods with a laxative value, and five of the opposite kind.
 121. Superintend cooking for two months in home, providing balanced menu, planning it for at least one week at a time. c.d.
 122. Do cooking for one month in a home, providing well-balanced meals. c.
 123. Assist in housework and cooking in some other home than your own for two months. c.
 124. Three times make delicacies for the sick and send where needed under direction of the Relief Society. c.
 125. Take care of milk and make two pounds of butter a week for two months. c.
 126. Pluck, dress, and cook a fowl. c.

Marketing.

127. Describe characteristics and identify six cuts of meat; state market price of each.
128. Supply the table for one week (with all foods except flour and potatoes) at a cost of \$1.00 per person, keeping accounts and records of menus.
129. Same as above, for \$2.00 per person.
130. Know the best season for fruits and vegetables to be found in your locality, and a reasonable price for each.
131. Know the dangerous and common adulterations, also prices, of flour, sugar, rice, cereals, crackers, and bread.
132. Be familiar with the Pure Food laws of your State, and know how to secure full weight.

Laundering.

133. Do a washing for a family of six, using modern labor-saving devices, if possible; or twice assist, doing one-half of the work. c.
134. Iron six hours in one month. c.
- ✓ 135. Wash and iron a shirt-waist, a skirt, and a lingerie dress. c.
136. Clean and press a suit, or a skirt and coat. c.
137. Remove four common stains from wash material and two from non-washable material.
138. Use two methods each for softening water, bluing, bleaching; two kinds of soap and two of starch for different uses.

Housekeeping.

139. Do three hours of housework daily for one month. c.
140. Take complete charge of household for one week while mother has a vacation.
141. During two weeks keep the house free from flies, or destroy twenty-five flies daily. c.
142. Houseclean one room, caring well for floors, walls, carpet, rugs and furniture. c.
143. Sweep and dust a house of five rooms, using two kinds of sweeping or dusting compounds (or vacuum cleaner), and dust-absorbing or moist cloths. c.
144. Properly dispose of waste and garbage from the home; know its proper disposal by the city or if you live outside of city see that it is fed to animals, buried, or burned as the case requires.
145. Know the proper airing and changing of bed; make up a bed for a baby, and one with a draw sheet for a very sick patient.

146. Air properly and make one bed daily for two months, or two beds daily for one month. c.
147. Wash and dry dishes and leave dining room in order after one meal a day for two months. c.
148. Take entire care of one room for one month, including all necessary cleaning, sweeping, dusting, washing of windows, etc.; also care of flowers and plants if there be any. c.
149. Air and store away clothing, furs, rugs, bedding for the summer.
150. Thoroughly clean the dining room, giving especial care to cupboards or buffet, silverware, china and glass. c.
151. Thoroughly clean the kitchen, giving proper care to pots, pans, aluminum and copper ware, lamps, sink and stove, including nickel trimmings on latter. c.
152. Take entire care of pantry for one month. c.
153. During two months scrub a floor once each week. c.
154. During two summer months clean ice chest thoroughly twice a week. c.
155. During two months take care of milk and cream from at least one cow; see that the pails, pans, strainer, are thoroughly cleaned. c.
156. During one month care for at least two kerosene lamps daily. c.
157. Successfully put a new washer on a faucet.
158. Build a furnace fire and care for it for one week. c.
159. During three months keep clothing in proper places, bureau drawers in order, and comb and brush clean. c.

Family Rights.

- ✓ 160. During three months honor the rights of other members of the family, by not using their personal belongings without their permission. c.
161. Name and observe three ways in which you can give consideration and proper respect to your mother as center of the home.
162. Name and observe three ways in which you can give consideration and proper respect to your father as head of the family.

Invention.

163. Invent a useful household device. c. d.
164. Contrive something to lessen a portion of the house work in your own home. c. d.

Care of the Sick.

165. Arrange a sick room to be sanitary, pleasant and comfortable for patient, and convenient for doctor and nurse.
166. Learn to use a clinical thermometer to find temperature of an adult and an infant; tell what temperature indicates normal, high and dangerous fever conditions.
167. Learn common symptoms as well as home care and prevention of chicken-pox, measles, scarlet fever, diphtheria, whooping cough and tuberculosis.
168. Learn some simple home treatment for prevention and cure of colds, including use of hot and cold water, and without use of drugs; for bronchitis, for pneumonia.
169. Learn simple home treatment for spasms, convulsions, nose-bleed, cuts, bruises and sprains, inflammation, constipation.

Care of the Baby.

170. Learn the chief causes of infant mortality in summer; give methods for reducing the same.
171. Know the proper preparation of milk for a baby six months old; for a baby one year old; know how it can be tested.

172. Know how much a baby should increase in weight each week for the first six months, in height for each month of the first year; the relation of weight to health.
173. Know and describe three cries of a baby.
174. During one month care for a baby an average of one hour a day. c.
175. Make three playthings for a child. c. d.

Home Entertainment.

176. Memorize and sing alone five ballads or folk songs. c. d.
177. Play from memory five piano pieces of the difficulty of the "Each Two Part Inventions," or "Chopin Waltz, Op. 69, No. 2." c. d.
178. In any one month practice fifty hours on a musical instrument. c.
179. Know and tell five standard stories. c.
180. Recite from memory 500 lines of standard poetry. c. d.
181. Recite from memory an equivalent amount of standard prose. c. d.
182. Write a play and have it presented. c. d.
183. Have a party of from eight to twelve persons, with refreshments that cost no more than one dollar; keep accounts. c. d.
184. During two months entertain two or more little children for two hours a week. c.
185. Plan and give some social entertainment of a cultural value. c. d.
186. Read three books of the M. I. A. Home Reading Course, one at least being not fiction. c. d.
- ✓ 187. Read three standard books, one at least being not fiction. c. d.

FIELD OF HEALTH.

(Red Seal.)

They carefully sweep the floor, and remove, one by one, twigs, grains of sand, and dead leaves; for the bees are almost fanatically clean.—Life of the Bee.

First Aid.

301. Know what to do for a person whose clothing is on fire; who is in deep water and can not swim, either in summer or through ice in winter; for an open cut; a frosted foot; fainting.
302. Know what to do to resuscitate a drowning person; to revive one from suffocation; for sun-stroke; for a punctured wound, like stepping on a nail; for poisoning by poison ivy, from snake-bite, from carbolic acid, from lye.
303. Know what to do for hemorrhage or bleeding; fractures, dislocations and sprains; burns and scalds; foreign bodies in eye, ear, or nose.
304. Demonstrate the principles of elementary bandaging, and how to use surgeon's plaster.

Personal Health.

- ✓ ✓ 305. Be entirely free from a cold for two consecutive months. c.
306. During three consecutive months do not miss school on account of ill-health. c.
307. Every time you can remember it, during one month, assume and maintain correct posture of body as tested by the vertical line test. Learn knee-chest position; during three months put into practice some simple home treatment for prevention of pain during menstrual period. (See Young Woman's Journal, Vol. 23, pages 62-4. Read entire article.) c.

Diet.

308. During three consecutive months abstain, between meals, from candy, ice cream, sundaes, sodas, commercially manufactured beverages, and chewing gum. c.
- ✓ 309. For one month masticate your food so thoroughly that it slips down without any visible effort at swallowing. c

Sleep.

310. For any two months of the summer, sleep out of doors; the remainder of the year (October to April, inclusive) for any two months sleep out of doors or with wide open windows. c.
311. If a Senior girl, go to bed by 10 p. m. and arise by 6 a. m.; if a Junior girl, by 9:30 p. m. and arise by 6:30 a. m., for at least four nights of each week, during two consecutive months. c.

Games.

312. Play any of the following games (either out of doors or with open windows) for not less than fifteen hours in any one month: Circle Race, Circle Relay, Corner Spry, Curtain Ball, Round Ball, Square Ball, Circle Zigzag, Hide and Seek, Pussy Wants a Corner, Three Deep, Blind Man's Buff, Drop the Handkerchief, Red Rover, Fox and Hounds, Run Sheep Run, Quoits, Duck on the Rock, Tennis, Golf, Volley Ball, Base Ball. Emperor or Captain Ball.. c.
313. Play singing or dancing games (out doors if circumstances permit) for not less than fifteen hours in any one month. c.

Swimming.

314. Swim one hundred yards in fresh or sea water.. c.
315. Swim one mile in six days, not necessarily consecutive. c.
316. Bring up a cup from the bottom in eight feet of water.
317. Do any two standard dives in good form: Front, Side, Back, Twist, Jack, either running or standing or from spring board. c.d.
318. Swim any four standard styles: breast, side, over-hand, single over-hand, crawl, back, etc.. c.d.
319. Propel yourself 440 yards in Great Salt Lake. c.

Boating.

320. Row or paddle twenty-five miles in any six days, not necessarily consecutive. c.

Skating.

321. Skate twenty-five miles in any six days, not necessarily consecutive. c.

Coasting and Snowshoeing.

322. Coast, ski, or toboggan for not less than fifteen hours in any one month. c.
323. Cover twenty-five miles on snowshoes on any six days, not necessarily consecutive. c.

Horsemanship.

324. Saddle, bridle, mount and ride a horse in good form, using at least three gaits.
325. Ride fifty miles in six days, not necessarily consecutive. c.
326. Take care of horse for at least one month.

Mountain Climbing or Walking.

- ✓ 327. Climb a mountain, attaining a point at least 2000 feet above starting point, and return.
328. Walk an aggregate of forty miles in any ten days, not necessarily consecutive. (This may include walking to or from school or work.) c.

Exercise.

329. Ride a bicycle forty miles in any five days, not necessarily consecutive. c.
330. During three months take seven hours of out-door exercise a week. c.
331. Without help or advice, operate and care for an automobile for five hundred miles during one season. c.

Dancing.

332. Know any six standard folk dances. c. d.
333. Know any six of the following dances: Virginia Reel; Pop Goes the Weasel; German Hopping Dance; Varsouvienne; Hewett's Fancy; Plain, National, Triangular, or Rage Quadrille; Lancers.

DOMESTIC ARTS.

(Brown Seal.)

Whatever the human truth on this point may be, life in the hive is not looked on as a series of more or less pleasant hours, whereof it is wise that those moments only should be soured and embittered that are essential for maintaining existence.—Life of the Bee.

- ✓ 401. Model from clay an individual bowl, plate or cup and saucer, bearing an original design.
402. Make some article from brass or copper bearing an original design.
403. Make three pieces of jewelry from silver or copper, with original designs.
404. Design and make a raffia basket or one equally difficult. c.
405. Make a piece of furniture. c.
406. Make needed repairs around your home, doing any painting or staining necessary to make a good job.
407. Dress dolls, or make picture books or toys; send through the Relief Society where needed.
408. Make a doll house of four rooms with furnishings.
409. Take, develop, and print one dozen photographs.
410. Paint on china, stencil or wood block, three serviceable articles with original designs.
411. Make three articles in cut leather, at least one to be lined with silk.
412. Bind a book, sewing the back and lining the cover and decorating with original designs.
413. Make a water-color, charcoal, pen and ink, or oil sketch from nature.
414. Knit, crochet or tat three articles, like a bag, a collar, or two yards of lace (One large article, like a sweater, may be equal to three ordinary ones; the Bee-keeper may judge).
415. Mend six pairs of stockings, two knitted undergarments, and hem six dish-towels. c. d.
- ✓ 416. Make two articles of underwear by hand or on a machine, or using both. c. d.
- Note.—Any article on which an award is made must show skill and taste.

- 417. Make two shirt waists or make and embroider one. c.
- 418. Make a dress. c.
- 419. Trim two hats. c.
- 420. Make a hat. c.
- 421. Hem by hand six napkins. c.
- 422. Do embroidery equivalent to a dresser-scarf, using original design.
- 423. Do double above amount of embroidery if design is not original.
- 424. Use all attachments for a sewing machine, keep machine clean and in order for three months.
- 425. Make a home-made rug.
- 426. Know prices, widths and uses of six common cotton, four common linen, four common woolen, and four common silk materials.
- 427. Know how textiles are commonly adulterated; give the simple microscopical and chemical tests for wool, cotton, silk and linen. (See Utah Agricultural College Bulletin, Vol. 14, No. 2.)
- 428. Identify twelve kinds of lace and tell reasonable price and appropriate use of each.
- 429. Dye three small articles or one large one.
- 430. Make any article as difficult to make as those above listed.

OUT DOOR FIELD.

(Green Seal.)

Events in which bees take part happen only when skies are pure, at the winsome hours of the year, when flowers keep holiday. * * * They teach us to tune our ear to the softest, most intimate whisper of these good, natural hours.—Life of the Bee.

- 501. Identify any fifteen trees and describe them in a way to assure recognition in summer.
- 502. In winter.
- 503. Do the same for ten other trees.
- 504. Plant trees where they are needed, and get at least five to grow. (Honor may be awarded three months after planted.)
- 505. Identify twenty wild flowers, including the state and national; describe them.
- 506. Fifteen other wild flowers.
- 507. Identify any ten ferns and describe them.
- 508. Ten grasses.
- 509. Ten mosses.
- 510. Twenty local birds.
- 511. Fifteen other birds.
- 512. From personal observation and notes, tell the value of two kinds of birds to man.
- 513. From personal observation make notes of the raising of a family of birds.
- 514. Build and supply a lunch counter for birds; at close of season, report how many kinds of birds you have seen use it.
- 515. Describe the sea gulls and their habits; tell of their historical importance in Utah.
- 516. Describe ten butterflies; identify them.
- 517. Ten moths.
- 518. Describe three pests that infest apple trees and give methods for eradicating them.
- 519. Point out the planets and seven constellations; tell their stories.
- 520. From your own observations while walking, make notes on mountains, strata of the earth, rocks, trees, streams, etc., that may be of value later.

521. Raise at least one kind of flowers or vegetables successfully.
522. Keep written record of method of procedure, time of digging, planting, etc., and time when products mature; also financial accounts.
523. Write history of garden and give suggestions for improving it next season.
524. Describe and identify ten common weeds; tell how to eradicate them.
525. Describe and identify ten garden bug or insect pests; tell how to combat them.
526. Describe eight varieties of apples; tell the ones best suited to your locality, time when ready for use, etc.
527. Do the same for six varieties of peaches.
528. For six varieties of pears.
529. Care successfully for a hive of bees for one season; know their habits.
530. Hatch and raise to six weeks at least ten chickens.
531. Give distinguishing characteristics of ten varieties of hens; tell good and weak points of each.
532. Of six varieties of cattle.
533. Point out, name, and tell something interesting about each canyon in your vicinity.
- ✓ 534. Tell briefly the history of Great Salt Lake and point out and name important islands.
535. Select a location and erect a tent (May have the help of one girl).
536. During week keep tent in order.
537. With material found in the woods or canyons make a shelter and bed.
538. Build a tree house sufficiently large for two girls to sleep in.
539. If you are unprovided with a sleeping porch, contrive a shelter that will take its place (See Boy Scout's Handbook).
540. Pack a horse successfully.
541. Build a fire in the open, in spite of wind and rain, from material found out of doors; build a good brisk fire and keep it going at least half an hour. No fire is to be credited until properly put out.
542. Make two good devices for holding a frying pan and two for holding a pot over a fire.
543. Start a fire without either fire or matches.
544. Without help or advice, do all the the camp cooking for one day, for four or more persons (or two may share the labor for eight persons). Get the wood; furnish suitable character and amounts of food; write the menu, quantities and price of food.
545. Make a bean-hole at least 18x18 inches; cook beans for one meeting of the Bee-Hive.
546. Know the meaning of weather signals; the general meaning of clouds, wind and temperature in your locality.
547. Read some good article on tracking (See Boy Scout Hand-book). Track two miles.
548. Know six blazes used by the Indians.
549. Make a willow bed such as Indians use.
550. Tie at least ten standard knots.

FIELD OF BUSINESS.

(Gold Seal.)

It is actually estimated that more than a hundred thousand varieties of plants would disappear if the bees did not visit them.—Life of the Bee.

601. Be employed at regular work for three months, earning \$10 or less a week. c.
602. Be employed at regular work for three months, earning more than \$10.00 a week. c.
603. Though not employed regularly, earn at least \$5.00, through raising chickens, bees, flowers, vegetables, or doing any other legitimate work. c.
604. Earn \$3.00 and give it to some worthy cause. c.
605. Save ten per cent of your allowance for four months. c.
606. Open a bank account, and during three months save at least ten per cent of your salary (besides your tithing); apportion the balance under heads of food, clothing, recreation, books, miscellaneous, and spend accordingly. c.
607. During four months, make your personal expenses come within an amount previously determined upon; consult parents or guardian as to how much it should be. c.
608. Act as treasurer of the Y. L. M. I. A. or your Bee-Hive group for one year, keeping accurate written account of all money in your care. c.
609. During three months, be "on time" at all meetings attended. c.
610. During three months be on time for business, morning and afternoon of every working day. c.
611. Do not borrow money or any article of wearing apparel for two months. c.
612. Attend lectures (at least six) with a view to making your services to your employer or in the home more valuable. c.
613. Keep a bank account for three months; draw and endorse checks; make deposits; balance check book with bank statement or book each month. c.
614. Write a paper of from 1500 to 2000 words on vocations for women, and read it at Bee-Hive meeting.
615. Write a paper of from 1500 to 2000 words describing your state labor laws as they affect girls, women and children, including age restrictions, hours of labor, wages, etc., making suggestions to improve working conditions in your own community; read at Bee-Hive meeting.
616. Make a ten-minute talk at Bee-Hive meeting, telling of mining and industrial operations in your vicinity.
617. At a regular Bee-Hive meeting, write the following:
 - a. A business letter ordering some article from a catalogue; fill out an application blank for the money order to be enclosed.
 - b. A telegram of a business nature.
 - c. An application for a position.
618. Write 500 words on a typewriter from printed copy in ten minutes.
619. From dictation write twenty letters in short-hand and transcribe notes at rate of thirty words or more a minute.
620. Have a vacation away from home of not less than two weeks, spending money you have earned yourself.
621. Get three new subscriptions to the Young Woman's Journal. c.
622. Assist in getting up one or more entertainments which shall net at least \$10.00 for the expenses of your Bee-Hive group.
623. Earn enough money and buy one section of your Bee-Hive chain. c. d.

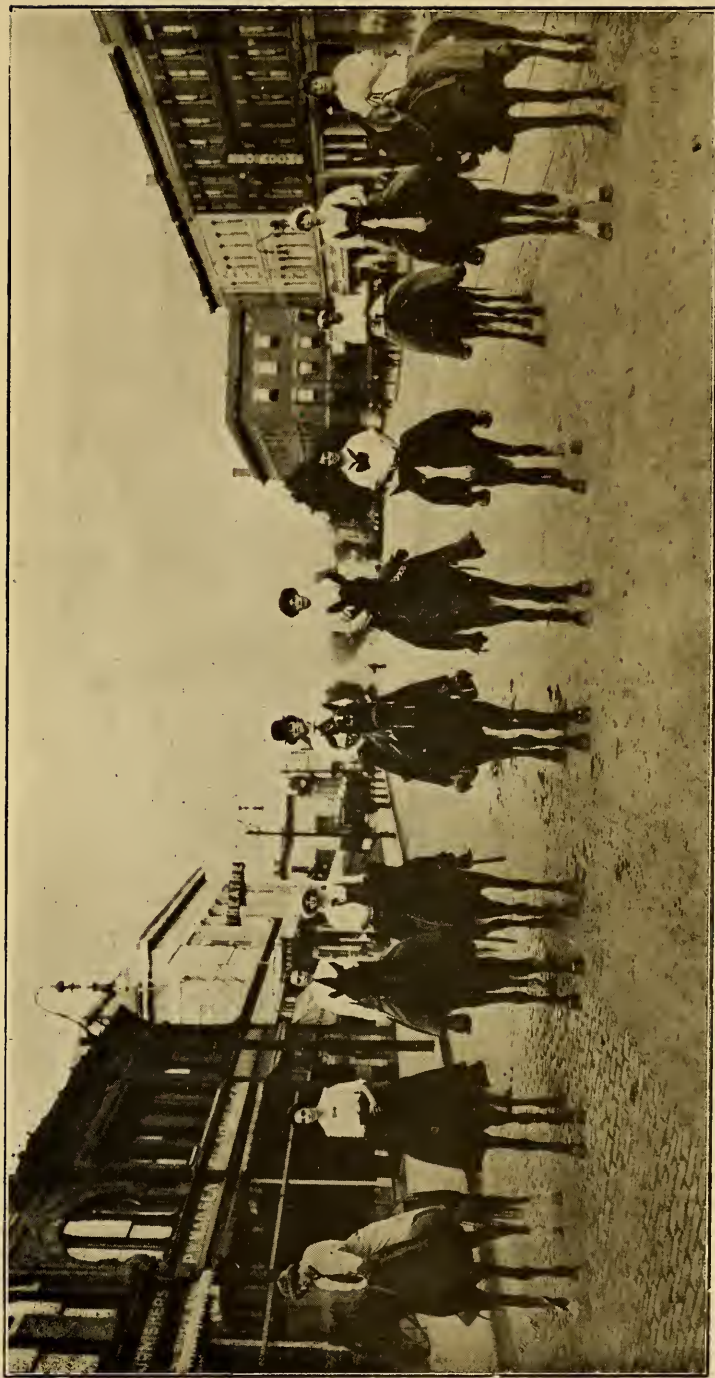
FIELD OF PUBLIC SERVICE.

(Red, White and Blue Seal.)

The love of the race of today for the race of tomorrow.—Life of the Bee.

701. Know and sing all the words of America, Star Spangled Banner, and your state hymn.
702. Know the history of any one national holiday; assist in organizing and carrying through a proper celebration of the same.
703. Know the history of some state holiday; assist in organizing and carrying through a proper celebration of the same.
704. See that the streets and alleys adjoining home are kept reasonably clean for three months.
705. Beautify the front yard.
706. Beautify the back yard.
707. Co-operate with your town authorities in using water supply to the best advantage.
708. Create a bird sanctuary (See "Protect the Wild Birds," Young Woman's Journal, April, 1915.)
709. Co-operate with your town and state authorities in planting and protecting trees. Hardwood trees are desirable for future generations (See "Arbor Day," in Young Woman's Journal, April, 1915).
710. During three months, assist the Relief Society in their work of caring for the poor and sick.
- ✓ 711. Spend the equivalent of six afternoons in visiting the sick or entertaining some elderly persons.
712. Tell the history of each historical spot in your own locality.
713. Give the history and meaning of your national flag and of the flag of the country from which your ancestors came.
- ✓ 714. Know and explain the customary forms of respect due to the flag; repeat the pledge to the flag (See Handbook of Boy Scouts of America, pp. 376-7).
- ✓ 715. Name all the counties in your state with their principal cities; bound your own county.
716. Name 10 institutions in your state devoted to public service, religious or otherwise; describe the work of each.
717. Name and explain briefly two public services rendered the people of your locality by the National government, the State government, the city or township government.
718. Write a paper of from 1500 to 2000 words describing immigration to this country, its advantages and disadvantages, and problems connected therewith.
719. Give the laws in effect in your locality in regard to public safety from fire.
720. Give the laws in effect in your locality in regard to sanitation and ventilation of public buildings, stores and factories.
Give sketches of the lives of:
721. Five educators.
722. Five great men.
723. Five great women.
724. Five statesmen.
725. Five scientists.
726. Three inventors.
727. Five musicians.
728. Five artists.
- ✓ 729. Identify two masterpieces of each of five great musicians.
- ✓ 730. The same for five great artists.
731. Repeat from memory the preamble to the Constitution; the first two paragraphs of the Declaration of Independence; Lincoln's Gettysburg Address.
732. Know the genealogy of your grand parents and great-grandparents, including the maiden names of grandmothers and great-grandmothers; give homes and occupations.

733. Sing in a quartette, duet, trio, or chorus for not less than eight hours in any two months. c.
734. Play a musical instrument in an orchestra for not less than eight hours in one month, reading the necessary music. c.
735. Play the accompaniment for some school exercise for not less than eight hours in one month. c.
736. Write a story, a poem, or words or music for a song which is either accepted for publication or adopted for use in some organization. c. d.
737. Have entire charge of two weekly meetings of the Bee-Hive, or share that labor with one other girl for four meetings. c.
738. Tell three good anecdotes and teach or lead in a good outdoor game.
739. Be a faithful Bee-Keeper or assistant Bee-Keeper during one summer.
740. Each member of a Bee-Hive swarm who participates in carrying out a wholesome party or outing, including at least as many others (either boys or girls), may be given an honor if the work is well planned and carried out, each member having special duties; the plans to be approved by the Bee-Keeper.
741. Each member who participates in giving a party, in which the boys and girls are about equal in numbers, and in which at least two of the following dances are learned by all, may be given an honor: Virginia Reel, Pop Goes the Weasel, German Hopping Dance, Varsouvienne, Hewett's Fancy, Plain Quadrills, National Quadrille, Rage Quadrille, Lancers.
742. Name the Indian tribes that originally inhabited your state, the tribes and number of members now living there, and their economic and religious condition.
743. Own a genuinely Indian made article; know to what tribe its maker belongs, what materials were used in its construction and how it was made, and the meaning of its designs or symbols. c. d.
744. Know the location, history, present economic and religious condition of the tribe where your Indian article was made. c. d.
745. Describe or identify ten Indian symbols or designs and know their meaning.
746. Give the characteristics of five different Indian tribes.
747. Be able to distinguish between the blankets of five different Indian tribes.
748. Be able to distinguish between the baskets of five different Indian tribes.
749. Know and sing six genuine Indian songs. c. d.
750. Learn one genuine Indian song; write words and music and send to Bee-Hive committee of the General Board Y. L. M. I. A. c. d.
751. Write and send to the Bee-Hive committee a genuine Indian legend. c. d.
752. Write and send to the Bee-Hive committee three true incidents from the experiences of yourself or acquaintances, showing traits of the Indian character. You must be able to vouch for their authenticity.
753. Write and send to the Bee-Hive committee an account of the life and activities of one notable Indian with whom you or your people have been acquainted. You must tell the source of your information. c. d.
754. Write and send to the Bee-Hive committee a brief account of the life and activities of one Indian missionary who has lived among the Indians. It must be one with whom you or your people have been acquainted; tell source of your information. c. d.



Off for a Ride.



Near the Shore of Great Salt Lake.



The Joy of a Swim.



A Camp in the Glade.



The End of the Climb.



A Hayrack Ride.



En route to Emigration Canyon.



A Game in the Water.



Liberty Glen Camp.



Liberty Glen Camp.

